



**India Club in collaboration
with CMRC Invites you
for Snack and Chat session**



FREE EVENT - OPEN TO ALL



Healthy Living & Bowel Cancer Prevention Awareness Session

Learn everything essential for Balanced and Healthy Living, Bowel Cancer Prevention Awareness with Relaxation Yoga and Meditation. **SNACKS INCLUDED**

Date: 12 Oct 2023 **Time:** 10:30 - 1:45 PM

Location: Castle Grand Rebellion Room,
14 Pennant Street (Corner Castle Street), Castle Hill

For enquiries: Shubha - 0402 257 588

Shikha - 0444 500 018 or Upala - 0410 407 906

Please reserve your seat by clicking on the link below:

<https://www.premiertickets.co/event/india-club-collaboration-with-cmrc/>



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